

Air Travel Policy

The Hazard – Air Travel

Due to security concerns, the Australian Government issues regular travel warnings with respect to travelling to certain international destinations. Another health and safety issue relating to air travel is the potential for passengers to develop deep vein thrombosis on long-haul flights.

Penola Catholic College's Policy

Penola Catholic College is committed to providing a safe working environment and this includes taking measures to ensure the safety of those staff and students undertaking international travel in the course of their work or studies.

It is our policy that:

- Prior to any workers undertaking international travel, consideration should be taken of the current state of international travel warnings issued by the Australian Government. Travel warnings can be searched at the government website www.smartraveller.gov.au.
- All staff and students undertaking long-haul flights should follow suggestions provided by the airlines and in any event should:
 - Wear loose clothes;
 - Avoid cigarettes and alcohol;
 - Drink plenty of fluids;
 - Move about the cabin whenever possible;
 - Don't sit with the legs crossed;
 - Perform leg and foot stretches and exercises while seated;
 - Consult with a doctor before travelling in the event that the worker presents with any of the following risk factors:
 - Coronary heart disease; Being overweight or obese;
 - Cigarette smoking;
 - Pregnancy;
 - A high-dose combined oral contraceptive pill;
 - Recent surgery or injury;
 - Some types of cancer;
 - Congestive cardiac failure; and
 - Previous thrombosis.

Staff Responsibility

Staff are responsible for carrying out their duties in a safe manner, and in particular those workers undertaking international air travel should be conscious of the risks involved and take appropriate precautions where possible, as recommended in this policy.

Implementation

This policy is implemented through a combination of:

- Staff training;
- Effective incident notification procedures; and
- Initiation of corrective actions where necessary.

Related Policies

Excursions Policy

From Complispace – current as at June 2020

