



KIDS CLASSES

Free Trial Lesson!

Smaller courts, lighter racquets and low-compression balls that don't bounce too high make learning tennis fun and easy for primary school-aged children. This means that kids are able to start rallying and having fun right from their first lesson!

Cost: \$9.00 a session



CARDIO TENNIS

Free Trial Lesson!

- High energy workout and burn 300 to 1000 calories
- Drill-based and play-based activities
- Lose weight, get fit and have fun
- Participants wear heart monitors, exercise to music and use low compression balls and a variety of equipment such as agility ladders

Cost: \$12.50 a session.

LOCATIONS: Kensington Banks TC Smithfield Rd • North Park TC Flemington Rd
Gladstone Park TC 18 Elmhurst Rd • St Matthews TC 95 William Rd

1300 22 33 86 ACEFUNTENNISCHOOL.COM